

Valley Bible Church Devotional Study

A Marriage Study: Words

Ephesians 4:29-32

What negative type of speech are we told to eliminate?

When do you sin against your spouse by speaking in this way?

What things should our speech accomplish?

Think of 3 different circumstances involving you and your spouse in the last week where you did not accomplish these things with your words. What happened? What did you say? Why did you say that? What words would have done the job of putting Ephesians 4.29 into practice?

In a word, what grieves the Holy Spirit?

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When are you angry at your spouse? About what are you bitter? When do you slander him/her? When is your motive slander?

What are your opportunities to be kind to your spouse today? To be tender-hearted? Are there sins of your spouse which you have not forgiven as God in Christ has forgiven you (doesn't hold them against you, chooses to remember them no more)?

You've considered much today as you have taken inventory of your work in marriage in light of Ephesians 4.29-32. If there is sin yet to confess and forsake, do so now. Take hope in the truth of God's available power, ready to help in your efforts to change to better obey His Word in your marriage. Ask for that help now, pouring out your heart to your Lord.
