Spiritual Growth: How Does It Happen?

1 Peter 2:1-3

What heart-level action does Peter call for in this verse? Which of these elements are most evident in your life? In what way?
Newborn babies are fed solely by milk. It's all they eat or drink; it is all they need. If they get it often they will certainly grow. What else is true about the newborn baby and milk?
What is Peter's point about the place of the Word in your life?
What do you currently do in terms of spending personal time in God's Word? Are you nourished, are you growing in respect to salvation? What changes have occurred?
Have you tasted the kindness of the Lord? How so?
Do you long for the Word of God? In terms of frequency and quality of time in God's Word, what step could you take toward truly longing for the nourishment of the Word?
How should you grow in respect to salvation? What role does God intend the Word to have in this process?