

Things to Know When Times are Tough

1 Corinthians 10:13

This phrase does not diminish the dilemma, but it does tell us that the basic problem has occurred before. That means it is addressed in the Word and that others have had victory over it, in the Lord. What temptations do you face? Why is this truth important?

"God is faithful." How God is faithful is explained in the balance of the verse, yet the basic implications of these 3 words are monumental. God: eternal, powerful, love, creator, gracious, Is, remains the same forever. Faithful, true, dependable, certain, will keep His word. What significance do these words have in relation to your circumstances?

"Who will not allow you to be tempted beyond what you are able." What not to do: to say, "I can't change," "it's too hard," "I just can't...love / resist the temptation / stop." These cannot be true. We can no longer think this way. What to know: God in you, you in God – you can overcome this temptation. There is hope. His grace will be sufficient for you. Write here what changes to make in your thinking and your words.

"But with the temptation will provide the way of escape also, that you may be able to endure it." Take time now to thank God for His faithfulness, thank Him for His provision, and request His help to endure.
