

**Valley Bible Church  
Sermon Notes for January 29, 1984**

**Blessed Are Those That Mourn  
Matthew 5:4  
Dale Whitehead**

1. What does it mean to mourn?

Will all who despair be comforted? NO! **Matthew 7:13-14**  
Only to those who follow Christ will there be comfort.

**Isaiah 61:1-3** and **Revelation 21:1-5** (future) We can take strength knowing that one day for us there will be no pain, sorrow, etc.

Mourn: To see my insufficiency and be in anguish over my sin.

**Psalm 51:16-17**, a broken and contrite heart.

**Psalm 51:1-4**, recognize sin within self. This is mourning over sin.

2. What leads a person to experience this?

**2 Corinthians 7:8-11**, Godly sorrow leads to repentance.