

Valley Bible Church
Sermon Notes for November 3, 1985

Come Unto Me
Part 2
Matthew 11:25-30
Dale Whitehead

Introduction:

Oh how our bodies long for physical rest. We much more long for spiritual rest, the rest which Jesus offers, yet few respond.

1. Humility:

The first ingredient to respond to Christ is looking beyond self.

2. Repentance **Verse 28**:

“Come to Me”—turning from our own way. **Proverbs 11:25**

When Jesus says, “Come to Him,” we are coming from somewhere and that somewhere is “our own way.” When we turn and come to Jesus, that is repentance. We must be willing to turn from believing that we have a better idea.

3. Faith **Verse 28**:

“Come to Me”—by coming we are exercising trust. Christ is trustworthy.

4. Lordship **Verses 29-30**:

Submission to Christ. “Taking my yoke upon you.” What is this yoke? In Scripture it is a symbol of servitude, a wooden bar to hook two oxen together. “And learn from me”—being yoked to Jesus, the teacher. We will learn from Him and become like Him.

There is no rest for the soul apart from yoking with Jesus.

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As we walk in Christ we need to maintain the ingredients it took to “Come to Him”: humility, repentance, faith, and lordship.

Lord, I don’t know what to do, but I’m tired of going my own way.

“My yoke is easy and my load is light,”—don’t be fearful of doing what Christ wills.