

Valley Bible Church – Sermon Study Questions

Study Aid for the Sermon from February 1-2, 2003

"Let Your Mind Dwell on These Things"

Philippians 4:8

Observing the text

What does Paul mean by the phrase "let your mind dwell on these things" in Philippians 4:8?

Define the things that we are to dwell on in Philippians 4:8.

List things that come to your mind that we are not instructed to dwell on.

When you are anxious, is it because you are thinking too much or too little?

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Applying the sermon

When you read your Bible or hear a sermon does this lead you to meditate on God's word and consider how it applies to your life or do you quickly dismiss it? How does this happen in your life?

When you are going through the course of your day do you find yourself driven to think about God's word and how it applies to your life? Are you satisfied with how often this happens?

Are you presently engaged in any pursuits that are distracting you from meditation? Do you believe the benefits you derive from this distracting influence are more beneficial to your life than meditation? Please explain why or why not this would be true.

What changes can you make in your life so that you might be more inclined to dwell on right thoughts?