

Valley Bible Church - Sermon Study Questions

Study Aid for the Sermon from December 26, 2010 “Every Spiritual Present” Ephesians 1:3

Observing the text

Read through Ephesians 1:3-14 twice. What appears to be the purpose of Ephesians 1:3-14? What other main themes do you see in the passage?

Trace through Ephesians 1:1-14 all the times that “in Christ,” “in Him,” and “in Christ Jesus” are used and try to identify the significance of this repetition.

Observe Ephesians 1:3. What is the thrust of the verse? Who blesses us? What type of blessings are they? Where are they given?

From Ephesians 1:3-14, make a list of all the spiritual blessings we receive from God in Christ. Take some time to thank God for all that He has done in salvation for you in Christ Jesus.

Applying the sermon

Since God has given us every spiritual blessing in Christ (Eph 1:3), how can you make them your own (2 Peter 1:1–11)?

When do you find yourself unable to praise God for all He has done for you in Christ? What should be your response? How can Psalm 103 help you in these times?

Spend some time praying through Ephesians 1:3-14 thanking God for what He has done for you. End by praying through Paul’s prayer that follows in Ephesians 1:15-19a for you and one or two believers in your life.